

	Nursery	Reception	ELG	Key vocab	Learning outcomes
Self-regulation	- To show emotions through behaviour and actions. - To sometimes show emotions to others by hugging them when they are upset for example. - To begin to show control in expressing emotions with support. - To show emotions to others by being interested or concerned. - To wait for their turn with support. - To follow simple instructions.	- To show emotions through behaviour, actions and words, by telling adults "I feel sad or happy." - To begin to show control in expressing emotions. - To show emotion to others. eg asking are you ok? - To begin to know how their behaviour affects others. - To show patience for example when waiting for a toy. - To play nicely with others. - To follow 2-part instructions.	- Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.	- Happy - Sad - Scared - anxious - Healthy - Attachments - Warm - feelings - emotions	- To demonstrate that they feel safe in school and see it as a place where they belong. - To demonstrate that they feel confident to express their needs and wants. - To begin to label their emotions. - To begin to recognise how different emotions feel like for themselves. - To begin to manage their emotions and feelings. - To begin to recognise how emotions may look like in others. - To demonstrate they have the confidence to use their voice and to know that they matter. - To develop resilience.
Managing self	- To have a go and try things with support and modelling. - To begin to follow the rules and routines such as sitting on the carpet. - To take turns and share with support. - To go to the toilet, wash their hands, get dressed and feed themselves with support.	- To have a go and try things with support. - To follow the rules and routines. - To be able to explain reason for following rules, for example, why we walk inside. - To take turns and share. - To go to the toilet, wash their hands, get dressed and feed themselves independently. - To acknowledge their needs and act on them for example know when they are hot and remove clothes.	- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge. - Explain the reasons for rules, know right from wrong and try to behave accordingly. - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.	- Secure - Supportive - Confidence - Positive - confident - independent - Strong - resilience - Self-care	- To develop the courage to try new things, to take risks safely, and to keep trying when things get hard. - To celebrate effort as well as success and to recognise when they get better at something. - To become a self-motivated learner. - To go the toilet independently. - To get dressed and undressed independently for PE. - To put on and take off outer wear independently. - To feed themselves or get a drink independently. - To demonstrate they know what to do if they are hot, cold, tired, hungry or thirsty.

Building relationships	• To begin to play with others. • To begin to share. • To show kindness to others.	• To take turns and share resources. • To work with peers to build or create. • To play with and show kindness to others. • To listen and be respectful to others. • To listen to others' ideas.	• Work and play cooperatively and take turns with others. • Form positive attachments to adults and friendships with peers. • Show sensitivity to their own and to others' needs.	• Friendships • Playing • Communicating • Cooperating • Attachment • Negotiation •	• To demonstrate empathy and care for others. • To start to recognise the needs and wishes of others. • To demonstrating empathy and care. • To understand how to interact with others and to be a play partner. • To show an ability to negotiate and resolve conflict. •
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