

PSHE theme overview- term by term

We have themed our PSHE- so each half the whole school follows the same theme but have different teaching points. The chart below shows when each theme is taught and the topic name for each year group. More detail can be found on Berridge PSHE scheme of work.

	Autumn 1	Autumn2	Spring 1	Spring 2	Summer 1	Summer 2	
	Mental Health and Emotional Wellbeing	Keeping Safe and Managing Risk + First Aid theme day at KS2	Careers, Financial Capabilities and Economic Wellbeing	Physical Health and Wellbeing	Identity, society & Equality	Drug, Alcohol and Tobacco Education (DATE)	Health & Relationships
Y1	Feelings	Feeling safe	My money	Fun times	Me and others	What do we put into and onto our bodies?	Different families
Y2	Friendship	Indoors and outdoors	Making sense of money	What keeps me healthy?	Diversity within the family	Medicines and me	Boys, Girls and Families
Y3	Strengths and Challenges	Bullying – See it, say it, stop it.	Saving, spending and budgeting	What helps me choose?	Celebrating differences	Tobacco is a drug	
Y4	How to be happy (action for happiness)	Playing safe	Money management	What is important to me?	Democracy	Making choices	Changing Bodies
Y5	Dealing with feelings	Making safer choices	Borrowing and earning money	In the media	Stereotypes, discrimination and prejudice	Different Influences	Growing and changing
Y6	Healthy Minds	Keeping safe out and about	Being financially responsible	Healthy minds (growth mindset & resilience)	Human rights	Drugs, health and weighing up risk	Healthy Relationships
Y6							SRE (optional) Sex education